



## **ALLERGEN ADVICE STATEMENT**

At cafe ODE our small kitchen team plan our frequently changing menus carefully offering many choices for various dietary requirements.

Food is prepared fresh, cooked to order & we produce virtually everything in our kitchen on a daily basis. We focus on using seasonal, organic, local, unrefined, wild, sustainable produce from our favourite suppliers who share the same values & ethics as we do.

**We do our utmost to reduce the risk of cross-contamination, however we use such a wide variety of ingredients in our kitchen and because we do not have enough preparation space to keep specific areas of our kitchen allergen free, we CANNOT GUARANTEE our dishes to be FREE FROM ALLERGENS and therefore cannot accept any liability in this respect.**

We ask that you notify us of any dietary requirements, allergies and intolerances when placing your order so that we may advise you accordingly. We will discuss your requirements directly with the head chef, using written information in our **ALLERGENS FOLDER** for reference.

**GUESTS WITH SEVERE ALLERGIES ARE ADVISED TO ASSESS THEIR OWN LEVEL OF RISK AND CONSUME DISHES AT THEIR OWN RISK.**

Most of our dishes can be adapted to suit your requirements.

If at all possible we request that you telephone in advance of your visit so that we are aware of your particular needs and can plan accordingly

Thank you.

Team ODE